Course: Personal Fall Protection

Duration: 1 Day

Tutors: Course tutors are NVQ A1/D32/D33 qualified

Qualified trainers and occupationally competent





Training

PFP/ Harness User

This course is aimed at all personnel who work at height using a harness

Objectives

To give a working knowledge of the regulations and their application to persons who will be involved in the day to day use of Personal Fall Protection equipment (PFP).

Contents

- Legislation
- Hierarchy of fall protection
- Personal fall protection systems (EN358 / EN361)
- Fall protection devices
- Use of harnesses
- Harness inspection (typical faults to look out for)
- Fall protection devices
- Equipment Inspection
- Donning
- Doffing

At the end of the session individuals should be capable of selecting the correct type of fall protection and have the required skills to complete a pre use inspection of the harness and lanyard assembly.

Course Duration

1 Day Course consisting of morning education (theory) and afternoon practical training. Delegates will be continual assessed throughout the course with a final written test paper to evaluate underpinning knowledge and practical competence.









Lecturers: EnerMech Tutors

Location: EnerMech Training Centre or Client Premises including offshore **Dates:** Arranged to mutual agreement of Company / Candidates /

Consultants